

Sermon 8 July 2018 We are all called to be disciples

Mark 6:6-13

Jesus is sending out his disciples in pairs to minister to the people. He tells them not to take anything – no food, no spare clothes, no money. They are to depend on the hospitality of the people. Hospitality was a sacred duty in the Middle East. When a stranger entered a village, it was not his duty to search for hospitality. It was the duty of the village to provide hospitality. And if that hospitality was not forthcoming, Jesus tells them that they are better to move on.

Jesus also tells them not to take a travelling bag. A travelling bag was made from the skin of a goat. Often the animal was skinned whole and the skin retained the shape of the animal, legs, tail, head and all! It had a strap at each side and was slung over the shoulder. The bag carried enough food for a couple of days. So Jesus is telling them that they must put their trust in God – he will provide.

And what was their mission? Their mission was to spread the message of repentance, in other words, to change. That's what 'repentance' means in a literal sense. They were to challenge people to change their ways and to lead lives in harmony with the teachings of Jesus.

Therein lies the challenge for us all. We all have a mission, we are all called to carry our Christ's command and to do our bit to spread the love, to be servants of God. Do we need to change? For some of us, that is a possibility. Looking around this congregation, I don't believe that is really an issue. But for some people perhaps that is an issue.

There is the story of a derelict man standing on a street corner in the Wall Street district of New York, begging for money. Reaching out his hand, he pleaded with a passing corporate executive, 'Change? Change?' The corporate executive responded with a pained expression on his face, 'I'm trying! I'm trying!' Some of us could relate to that little story.

The entire life of a Christian should be one of working towards the mark of becoming the kind of person that Christ calls each one of us to be. There are countless passages in the New Testament which outline Christ's expectations of us, but one of my favourites is Colossians 3:12-14.

The crux of that passage lies in the words, 'And the most important piece of clothing you must wear is love. Love is what binds us all together in perfect harmony.' This what it all boils down to. This is what gives meaning to life. Martin Luther king said, 'Life's most persistent and urgent question is, "What are you doing for others?"' That has got to be one of my most favourite quotes, outside the Bible, of course!

You see, Jesus understood this so very well. He understood that it is giving of ourselves to others that we find true fulfillment. Dr Niki Harre, a lecturer at the School of Psychology at Auckland University, wrote, 'The very happiest people are rich in activities that involve community, contributing to other people's wellbeing.' If that's not straight out of Jesus's Handbook for Christian Living, I don't know what is.

Scott Peck, well-known psychologist and author, tells the story of a woman patient who was suffering from depression. One day, when she was due for an appointment with him, she gave him a call and told him that her car had broken down. Dr Peck offered to pick her up on his way to work, but he explained that he had to make a hospital call before he got to the office. If she was willing to wait in the car, they could then have their appointment. She agreed.

When they got to the hospital, he had another suggestion. He gave her the names of two of his patients who were convalescing there, and told her that each of them would enjoy a visit from her. When they met up an hour and a half later, the woman was on an emotional high. She told Dr Peck that making the visits and trying to cheer up those patients had lifted her spirits and that she was feeling absolutely wonderful.

Dr Peck responded by saying, 'Well, now we know how to get you out of your depression. Now we know the cure for your problem.' The woman answered, 'You don't expect me to do that every day,

do you?’

Therein lies the problem. Deep down we all know how satisfying and meaningful it can be to lend a helping hand to those in need, but all too often something gets in the way of us being able to do this on a regular basis. It could be preoccupation with our own lives, the reluctance to make sacrifices, or just being disorganized. But meaningful it undoubtedly is. Pablo Casals, the great musician of last century, said, ‘I feel the capacity to care for others is the thing that gives life its deepest meaning.’

I will be addressing the topic of giving at a later date but any form of giving, whether it be something tangible, whether it be our time, or our love, we invariably receive something in return. 2 Corinthians 9:6, ‘Remember this – a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop.’ If we want to feel good about life, about ourselves, then we need to be disciples of Christ and spread a little love around.

I want to conclude by making the point that any sacrifice we might make in order to be of service to others does not have to be one of great magnitude. It can be something quite small, but can have the potential to grow into something considerable.

There is the story of the well-intentioned young man who said to God, ‘I want to do something great for you.’ God said, ‘That’s fine. See that person sitting next to you. Well, he needs a lift home.’ ‘What?’ the young man said quietly. ‘And while you are about it,’ said God, ‘there’s an elderly lady who needs her garden dug.’ ‘But what about the world?’ asked the young man. God smiled and replied, ‘Think about it.’

Reverend Warner Wilder